

# February 2024

SUNDAY Meat Free	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Pureed lentils soup 1 Macaroni pasta with bolognese sauce Yogurt	Pureed vegetal soup 2 Tuna burgers with three delights rice Fruit
Pureed pumpkin soup 5 Spinach and potato Gnocchis with homemade tomato sauce Fruit	Star pasta soup 6 Chicken curry rice Yogurt	Pureed carrot soup 7 Fish fritters with potato salad Fruit	Rice soup 8 Macaroni pasta with tuna and homemade tomato sauce - Yogurt -	Pureed beans soup 9 Spanish potato omelette With mixed salad Fruit
12	13	14	15	16
<b>FESTIVO</b>				
Pureed broccoli soup 19 Cuban style rice with omelette and homemade tomato sauce Fruit	Rice soup 20 Couscous baked chicken with orange sauce Yogurt	Pureed green peas soup 21 Grilled salmon with steamed potato Fruit	Pureed zucchini soup 22 Hamburgers with tomato salad Yogurt	Pureed corn soup 23 Fish and seafood Fideua Fruit
Pureed leaks soup 26 Macaroni pasta with pumpkin and cheese sauce Fruit	Star pasta soup 27 Chicken Nuggets with mashed sweet potatoes and potatoes Yogurt	Pureed vegetable soup 28 Baked fish with three delights rice Fruit	Pureed broccoli soup 29 Macaroni pasta with carbonara sauce Yogurt	



"Meat Free Monday" is an international initiative that encourages people to not eat meat on Mondays with the aim of improving our personal health as well as the planet's health. In Happy Faces we would like to join this initiative!

## ALÉRGENOS



Egg  
Sulphurous acid  
Sesame seeds

## FOOD ALLERGENS

Cereals  
Milk  
Lupines

Mustard  
Crustacean  
Molluscs

Fish  
Celery  
Nuts

Peanut  
Soy